

Living Single Books & Links

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This page includes books and links on the following topics:

Books On Single/Unmarried Living

Organizations and Online Communities for Singles

Single Bloggers

Committed Friendship

Celibacy and Asexuality

Personals

Books On Single/Unmarried Living

Friends with Benefits? This very readable law review article is valuable not only because it recommends "explicitly placing friendship within the law," but also because the footnotes provide an excellent recommended reading list of authors contemplating alternatives to marriage.

*Singled Out: How Singles are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After, by Bella DePaulo (2006)

*Here Comes the Bride: Anatomy of the Contemporary Wedding, by Jaclyn Geller (2001).

A scathing critique of the institution by a feminist who argues that it's not OK to get married. Geller focuses particular attention on how marriage proposals, engagement announcements, wedding invitations, brides, wedding dresses, and weddings themselves are represented in popular culture

To read our full review of this book, check out our July 2001 Update.

*With or Without a Man: Taking Control of Your Life as a Single Woman, by Karen Gail Lewis (2001)

Most self-help books for single people fall into two categories: those that tell you how to find a mate, and those that tell you how to happy without one. What sets *With or Without a Man* apart from the pack is that it recognizes the need to do both, to "grapple with the full complexities of being single -- the pros AND the cons." To read our full review of this book, check out our December 2000 Update

The Complete Single Mother by Andrea Engber and Leah Klungness (2006)

The Single Mother's Survival Guide by Patrice Karst (2000)

Even God Is Single (So Stop Giving Me a Hard Time) by Karen Salmansohn (2000)

Improvised Woman: Single Women Reinventing Single Life by Marcelle Clements (1999).

Clements explores the category of "single women" as a new social phenomenon, including women who have chosen not to marry, serial cohabitees who happen to be between relationships, women who take lovers but prefer to live alone, mothers bringing up children on their own, divorcees, and widows.

*Cutting Loose: Why Women Who End Their Marriages Do So Well by Ashton Applewhite (1998).

Contrary to the image of the financially-strapped, emotionally-exhausted divorcee, this book tells the stories of women who thrived after leaving unhappy relationships and offers encouragement and advice on surviving divorce.

Being Single in a Couple's World: How to Be Happily Single While Looking for Love by Xavier Amador and Judith Kiersky (1999)

Women Living Single: 30 Women Share Their Stories of Navigating Through a Married World by Lee Reilly (1996)

Adventures in Singlehood by Susie Shellenberger and Michael Ross (1996)

Joyfully Single in a Couples' World: Knowing Contentment, Peace, and Fulfillment -- Now by Harold J. Sala (1998)

Flying Solo: Single Women in Midlife by Carol M. Anderson and Susan Stewart (1995).

The Age of the Bachelor: Creating an American Subculture by Howard P. Chudacoff (1999).

Single Woman of a Certain Age: 29 Women Writers on the Unmarried Midlife - Romantic Escapades, Heavy Petting, Empty Nests, Shifting Shapes and Serene Independence Jane Ganahl (Editor) (2005)

Living Solo by Adrienne Salinger (1998)

Single In A Married World: A LIFE CYCLE FRAMEWORK FOR WORKING WITH THE UNMARRIED ADULT by Natalie Schwartzberg, Kathy Berliner, and Demaris Jacob (1995)

Never Married Women by Barbara Levy Simon (1987)

*The New Single Woman by E. Kay Trimberger (2006)

Urban Tribes: Are Friends the New Family? by Ethan Watters (2004)

QuirkyAlone by Sasha Cagen (2004)

*Singles Studies

This website has a large bibliography of research and writings on people who are single. It also includes demographic information, teaching resources and links to other resources.

*American Association for Single People

Unmarried America is an information service for America's 100 million unmarried adults -- who head up a majority of the nation's households. Our services focus on your interests as employees, consumers, taxpayers, and voters, regardless of your household size or family structure. You will not find a more comprehensive or reliable source of information about this special population anywhere on the Internet. The newspaper column and library are functions of Spectrum Institute, a nonprofit corporation with federal tax exempt status.

*Insanity House

Insanity House's mission is to unite the voice of single parent families in the United States, and through a unified voice and an empowered community effectively challenge current legislation and change political policy.

*SiNGLE EDITION

Single Edition is the "pièce de passion" of two partners - a designer and an business marketing consultant - who found themselves within the growing population of singles just loving their independence. Like all the other singles out there, the Single Edition founders had hard times finding relevant and updated information and resources to support their lifestyle and hence Single Edition was born.

Single Minded Women

SMW is a website that publishes various articles about money management, careers, health, relationships, single parenthood, and travel ideas by and for single women.

Single Mothers By Choice

Single Mothers By Choice (SMC) is "devoted to providing information and support to single mothers as well as those contemplating or trying to achieve single motherhood."

*Single Working Women's Affiliate Network

Seeks to enhance the quality of of all single working women, including single mothers, with a focus on discounts on

products and services. Loftier goals include education, fair compensation, a voice in the workplace, and appropriate standing in the global community.

Quirkyalone

An online community for "Quirkyalones" defined as "romantics who resist the tyranny of coupledness."

Blogging about Singlehood & Singlism

*Bella DePaulo's blogs at Huffington Post and Psychology Today

*E. Kay Trimberger's blog posts

*Rachel Buddeberg's blog

Onely "reverses popular conceptions of what it means to be single."

Singletude "a positive blog for singles"

*Susan Deitz's syndicated Single File advice column

Committed Friendship Links

CelebrateFriendship.org

A much-needed site on the history and politics of friendship. CelebrateFriendship recognizes that non-sexual friendships

can be as serious, long-term, and significant as sexual relationships. Great articles, book list, and link collection. Has an online group and soon, in-person ones, too.

Fear of Friendship, by Dave White

The author of celebratefriendship.org talks about committed friendships and their potential impact on "traditional values".

The Friendship Page

A collection of friendship advice, messageboards, quotes, songs and movies.

Open Directory: Friendship Links

Dozens of links on all aspects of friendship, from history to chat to support.

Queer Friendship

Books and articles about non-sexual friendships among LGBT people.

Celibacy and Asexuality

Alana's Involuntary Celibacy Project

Not all single people are celibate, and not all celibate people are single! But there are some overlaps between the two groups. A page full of resources for people who have never had a romantic or sexual relationship, or haven't had one for a long time, but would like to.

Celibacy Forum

This site lists links to other sites and discussion groups about celibacy.

Asexuality Visibility and Education Network

An amazing source of information and community for the growing movement of people who don't experience sexual attraction.

Personals

AtMP members have recommended Matchmaker.com sites as good places to place a personal ad online. Let us know if there are other personal ads sites you recommend!

Do you have living single books, links, or other resources you'd recommend? Let us know so we can add them to this collection!